

# KINDRED

CARE COLLECTIVE



## Nurse Practitioner Patient Agreement

**Effective November 1, 2025**

Dear Patient,

We are pleased to inform you that as of **November 1, 2025**, our Nurse Practitioner (NP) services will be **publicly funded by the Ministry of Health of Saskatchewan**. This means you will **no longer be required to pay out of pocket** for any medically insured health care services provided by our team.

As part of the Ministry's new funding model, all Nurse Practitioners are required to **formally empanel** patients — that is, to document which individuals consider the NP to be their **Most Responsible Provider (MRP)** for ongoing, comprehensive primary care.

This document is designed to:

- Explain our scope of practice and the services we can offer,
- Confirm your understanding of our care model, and
- Document your consent to have **Kindred Care Collective** and your NP act as your primary care provider.

If you would like to discuss this further, we welcome you to book an appointment. However, for patients we have already established care with, this document allows us to complete empanelment without requiring a repeat in-person visit.

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### Our Scope of Practice

Nurse Practitioners (NPs) are nurses who provide comprehensive primary health care. Your NP is able to:

- Diagnose and treat common and chronic health conditions
- Prescribe medications
- Order and interpret laboratory tests and diagnostic imaging
- Refer to medical and allied health specialists as needed
- Provide health promotion, disease prevention, and chronic disease management

We also perform **minor procedures**, such as:

- Lesion and mole removal or biopsy
- Joint injections
- Cryotherapy
- Simple suturing and wound care

In collaboration with our local hospital and long-term care facilities, we are working toward providing **continuity of care** for our empanelled patients admitted to acute care or long-term care settings. You will be notified once this service becomes available. Until then, hospital inpatients will be cared for by the emergency physician on call.

## Team-Based Care

Our clinic includes a **Registered Nurse (RN)** who assists with:

- Same-day and urgent appointments
- Health teaching and follow-up visits
- Assessment and consultation with your NP for diagnostics, prescriptions, or referrals

This team-based model helps us ensure timely access to care and reduce pressure on the emergency department. Our shared goal is to make your care **accessible, efficient, and stress-free**.

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## Access and Communication

We offer multiple ways to stay connected with your care team:

- **Online booking** for appointments
- **Virtual visits** for convenience
- **Confidential patient messaging** through our secure app, *Medeo*

*Medeo* allows us to share test results, requisitions, follow-up instructions, and educational materials directly with you. Please ask our staff for help setting up your account.

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## Your Choice and Consent

This agreement is **not legally binding**. You may choose to discontinue care with your NP at any time or seek services from other providers as needed while empanelled.

By signing below, you acknowledge that you:

- Understand the services and scope of care offered by your NP and team,
  - Agree to have your NP serve as your **Most Responsible Provider (MRP)** for ongoing care
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**Patient Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Nurse Practitioner:** \_\_\_\_\_

**Clinic Name:** *Kindred Care Collective*

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_